

## 4. DESCRIPTION OF THE STUDY PROGRAMMES

### 4.5. DESCRIPTION OF THE STUDY PROGRAMME OF SOCIAL WORK

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## DEVELOPMENTAL AND PERSONALITY PSYCHOLOGY

**Semester: 2**

**Number of credits: 4**

**Course Coordinator: Remigijus Bubnys**

**Objectives:**

- To characterize investigative methods applied in developmental and personality psychology.
- To foresee the optimal conditions for personality correction in the process of social work, providing the proper support.
- To foresee the principles of social help and support for an individual or a group.

**Contents:**

- Physical, cognitive and psychosocial development of a person.
- Examination of personality development.
- Personality development.
- Developmental peculiarities of cognitive processes in the interface of different stages of personality development.

**Teaching methods:**

- Seminars.
- Self-study.
- Case analysis.
- Discussion.
- Lectures.

**Course literature:**

1. Maslow, A. (2006). *Motyvacija ir asmenybė*. Vilnius.
  2. Rogers, C. R. (2005). *Apie tapimą asmeniu*. Vilnius.
  3. Trimakas, A. (1997). *Asmenybės raida gyvenime*. Kaunas.
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## BASICS OF LAW

**Semester: 2**

**Number of credits: 2**

**Course Coordinator: Inga Iždonaitė-Medžiūnienė**

**Objectives:**

- To identify social, cultural and economic rights.
- To know the procedure of passing laws.
- To identify the legal system in Lithuania and European Union.

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**Contents:**

- Conception of law.
- Conception and types of legal responsibility.
- Law structuring.
- European Union law.

**Teaching methods:**

- Lecture.
- Document analysis and preparation.
- Situation analysis and discussion.

**Course literature:**

1. Lietuvos Respublikos konstitucija. 1992.
  2. Lietuvos Respublikos civilinis kodeksas. 2000.
  3. Lietuvos Respublikos baudžiamasis kodeksas. 2002.
  4. Šatas, J. (2002). *Lietuvos teisės pagrindai*. Vilnius.
  5. Tatham, A. (1999). *Europos Sąjungos teisė*. Vilnius.
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## METHODOLOGY OF APPLIED RESEARCH

**Semester: 4**

**Number of credits: 4**

**Course Coordinator: Remigijus Bubnys**

**Objectives:**

- To know the stages of planning social (applied) research.
- To access research conclusions and to provide suggestions.
- To formulate methodological research parameters while being aware of the specifics of social research and planning the research.
- To prepare and realize social research report while keeping to methodological requirements.
- To realise the importance of investigative activities in social work practice.

**Contents:**

- Structure of the process of applied research.
- Applied research and its planning.
- Search of information resources.
- Means and procedures of data-finding.
- Analysis of research data and presentation of the results.
- Preparing and introducing the report of applied research.
- Social worker as an investigator.

**Teaching methods:**

- Lecture.

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- Analysis of scientific literature.
- Discussion.
- Brainstorming.

#### **Course literature:**

1. Bitinas, B. (2006). *Edukologinis tyrimas: sistema ir procesas*. Vilnius.
  2. Bubnys, R. (2008). *Baigiamojo darbo rengimo metodinės rekomendacijos*. Šiauliai.
  3. Cohen, L. et al. (2000). *Research Methods in Education*. London.
  4. Kardelis, K. (2007). *Mokslinių tyrimų metodologija ir metodai*. Šiauliai.
  5. Rienecker, L., Jorgensen, P. R. (2003). *Kaip rašyti mokslinį darbą*. Vilnius.
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## **BASICS OF SOCIAL WORK**

**Semester: 1**

**Number of credits: 4**

**Course Coordinator: Laima Klemienė**

#### **Objectives:**

- To analyse the information about the situation of a client.
- To identify social situation.
- To define the main methods of social work.
- To plan and analyse the process of social support.

#### **Contents:**

- A client in social work.
- Spheres of activities of social work.
- Social work as a profession.
- Legal base of social work.
- Methodology and methods of social work.
- Self-regulation methods of a social worker.

#### **Teaching methods:**

- Lectures.
- Case analysis.
- Group work.
- Self-assessment.

#### **Course literature:**

1. Gvaldaitė, L., Švedaitė, B. (2005). *Socialinio darbo metodai*. Vilnius.
  2. Johnson, L. C. (2003). *Socialinio darbo praktika*. Vilnius.
  3. Lies Gualtherie van Weezel (2010). *Mąstyti, veikti, būti. Socialinis darbas organizacijoje*. Vilnius.
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#### **BASICS OF PSYCHOLOGY**

**Semester: 1**

**Number of credits: 2**

**Course Coordinator: Remigijus Bubnys**

**Objectives:**

- To identify features of psyche which distort reality and diminish possibilities of adapting to the surroundings.
- To evaluate the influence of motivation and emotions on a person's behaviour.

**Contents:**

- Biological basics of behaviour.
- Methods of psychological help. Stress and health.
- Motives of human activities.
- Conception of psyche health.
- Methods and structure of communication.

**Teaching methods:**

- Lecture.
- Small group projects.
- Problem solving.
- Social, psychological training.

**Course literature:**

1. Lekavičienė, R., Vasiliauskaitė, Z. (2007). *Psichologija šiandien*. Kaunas.
  2. Myers, G. D. (2000). *Psichologija*. Vilnius.
  3. Žukauskienė, R. (2002). *Raidos psichologija*. Vilnius.
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#### **CASE MANAGEMENT IN SOCIAL WORK**

**Semester: 4**

**Number of credits: 4**

**Course Coordinator: Aušra Benikienė**

**Objectives:**

- To choose adequate methods of information collection and assessment.
- To analyse the requirements social support.
- To apply different types of case management.
- To plan alternative activities of problem solving.
- To prepare the alternative plan of services.

**Contents:**

- Choice of of the type of case management.

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- Preparation of the plan of help.
- Holistic and interdisciplinary case study.
- Management of necessary resources.
- Partnership, cooperation, team-work.

#### Teaching methods:

- Lecture.
- Discussion.
- Seminar.
- Case analysis.
- Problem analysis.
- Self-study.

#### Course literature:

1. Gvaldaitė, L., Švedaitė, B. (2005). *Socialinio darbo metodai*. Vilnius.
  2. Gulbinaitė, J. et al. (2008). *Atvejo vadyba profesinės reabilitacijos paslaugas teikiančioje įstaigoje*. Vilnius.
  3. Johnson, L. C. (2001). *Socialinio darbo praktika*. Vilnius.
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## METHODS OF SOCIAL WORK

**Semester: 2**

**Number of credits: 4**

**Course Coordinator: Vitalija Bertulienė**

#### Objectives:

- To determine social problems of a client.
- To evaluate the client's requirements.
- To choose the methods of help.
- To formulate methods and strategies of problem solving.
- To the main theories, types of social work and to appeal to them in practical activities.
- To analyze communication processes in a group.
- To moderate group communication.
- To evaluate social problems of a community.
- To foresee the roles of a social worker.

#### Contents:

- Analysis of social problems.
- Types of problem solving.
- Roles of a social worker.
- Process of communication in social work.
- Individual process of social work.
- Conception of a group in social work.
- Dynamics of a group.

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- Main elements of group work.
- Conception of a community.
- Social problems in a community.
- Role of a social worker planning social work in a community.

#### Teaching methods:

- Lecture.
- Group work.
- Seminar.
- Case analysis.
- Discussion.
- Independent work.
- Self-study.

#### Course literature:

1. Gvaldaitė, L., Švedaitė, B. (2005). *Socialinio darbo metodai*. Vilnius.
  2. Johnson, L. C. (2001). *Socialinio darbo praktika*. Vilnius.
  3. Vyšniauskienė, D., Minkutė, R. (2008). *Socialinės veiklos profesinė etika*. Kaunas.
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## SOCIAL POLICY

**Semester: 2**

**Number of credits: 2**

**Course Coordinator: Daiva Manukian**

#### Objectives:

- To define the models of social policy.
- To identify the ways of support.
- To analyse types of social programmes.
- To realise the methods of social work development.

#### Contents:

- Conception of social policy.
- Planning of social policy.
- State system of social security.
- System of social security.
- Social security system in EU countries.
- Kinds of social programmes, the possibilities of implementation.
- Social insurance system: formation and management.

#### Teaching methods:

- Lecture.

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- Discussion.
- Debate.
- Law analysis.
- Problem tree.
- Report.

#### **Course literature:**

1. Andersen, G. E. et al. (2002). *Why we need a new welfare state*. Oxford.
  2. Guogis, A., Bernotas, D. (2003). *Socialinės politikos modeliai: dekomodifikacijos ir savarankiškai dirbančiųjų problemos*. Vilnius.
  3. Žalimienė, L. (2003). *Socialinės paslaugos*. Vilnius.
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## **BASICS OF SOCIOLOGY**

**Semester: 2**

**Number of credits: 2**

**Course Coordinator: Kristina Rūdytė**

#### **Objectives:**

- To know the methods and planning of sociological researches.
- To determine the impact of sociocultural environment to personality social behaviour.
- To use investigative social methods for collection of information.
- To plan an applied social analysis.

#### **Contents:**

- Theories of sociology.
- The concept of scientific and everyday knowledge.
- Collection of sociological information. Planning and administration of sociological research.
- Process of socialization.
- Society as a social system.
- Social institutions: types and functions.
- Processing of sociological information.

#### **Teaching methods:**

- Lecture.
- Seminar.
- Group and individual work.
- Discussion.
- Debate.
- Scheme analysis.

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**Course literature:**

1. Berger, P.L. (1995). *Sociologija*. Kaunas.
  2. Broom, L., Bonjean, Ch. M., Bromm, D.H. (1992). *Sociologija: esminiai tekstai ir pavyzdžiai*. Kaunas.
  3. Luobikienė, I. (2000). *Sociologija: Bendrieji pagrindai ir tyrimų metodika*. Kaunas.
  4. Valackienė, A. (2005). *Sociologijos tyrimas*. Kaunas.
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